

ST. AUGUSTINE ENDOSCOPY CENTER
212 Southpark Circle East
St. Augustine, Florida 32086
Telephone 904-824-6108
COLONOSCOPY
(MoviPrep)

1. You are scheduled: Place: _____
Date: _____
Arrival time: _____

2. You must have someone drive you home after the colonoscopy is completed because you will be sedated.
3. One week prior to colonoscopy stop taking: fiber supplements, iron supplements, Aspirin or Aspirin products, Persantine (Dipyridamole). You may take all other medications.

4. The **day before** the colonoscopy _____

No solid food or milk products.

Clear liquids only: water, tea, coffee, Gatorade (Not Red), apple, or cranberry juice, Jell-O (no red Jell-O), beef or chicken broth, sodas, ginger ale, bouillon and popsicles.
DRINK PLENTY OF FLUIDS ON THE DAY BEFORE YOUR COLONOSCOPY

Beginning At: _____

Step 1: Empty 1 Pouch A and 1 Pouch B into the disposable container. Add lukewarm drinking water to the top line of the container. Mix to dissolve.

Step 2: The MoviPrep container is divided by 4 marks.

Every 15 minutes, drink solution down to the next mark (approximately 8oz), until the full liter is complete.

Drink 16 oz of the clear liquid of clear liquid for your choice.

Beginning At: _____

Repeat steps: 1 and 2.

Use Vaseline, Desitin, or A&D Ointment on anal area to prevent irritation

5. The day of Exam you may have clear liquids until four (4) hours before colonoscopy.

Nothing after _____

- Heart medications and blood pressure medications should be taken on the day of your procedure with a sip of water.
- If you use inhalers for asthma or breathing problems, please bring them in with you the day of the examination.
- If taking Coumadin, check with your primary physician when to stop it.
- **Please limit jewelry to rings only. No earrings or necklaces should be worn.**

If you are having problems with your prep, you may call our office at (904) 824-6108 extension 221. After 5:00pm, please call Flagler Hospital at (904) 819-4802 or (904) 826-4700 and ask for your physician.