

ST. AUGUSTINE ENDOSCOPY CENTER
212 Southpark Circle East
St. Augustine, Florida 32086
(904) 824-6108

Your: _____

Is on: _____

Your Arrival time is: _____

***Please read instructions 1 week prior to procedure.**

1. You must have someone drive you home after the upper endoscopy is completed because you will be sedated.
2. On the day of the procedure:

____ **Nothing** to eat or drink after midnight the night before.
____ **Nothing** to eat after midnight. May have clear liquids (Water, tea, black coffee, Gatorade, apple, or cranberry juice, Jell-O (no red Jello-O) beef or chicken broth, bullion and popsicles) up to four (4) hours before the procedure.
Nothing to drink after _____.
3. Heart and blood pressure medications should be taken on the day of your procedure with a sip of water. If you have been prescribed an inhaler bring it with you.
4. Do not use adhesive on dentures, as you will be asked to remove them.
5. **Please limit jewelry to rings only. No earrings or necklaces should be worn.**